

"Culture eats strategy for breakfast, operational excellence for lunch, and everything else for dinner."

 $\star$   $\star$   $\star$   $\star$   $\star$ 

# WHAT IS CLUB VOLLEYBALL?

#### **Club Volleyball:**

Organizations who train athletes so they may continue to compete following the school season. The word "club" describes an organization that has teams at various age groups and often multiple skill levels. Club sizes vary from 1 team to as many as 80 teams

#### **Governing Bodies**

Clubs can play in events sanctioned by organizations such as:

- USA Volleyball (USAV)
- Amateur Athletic Union (AAU)
- Junior Volleyball Association (JVA)







### Panhandle Elite Volleyball Club

Panhandle Elite Volleyball Club(PEVC) is a non-profit 501(c)3 organization with the purpose of promoting volleyball through a culture of excellence

#### **Mission Statement**

Provide a premier club volleyball experience by creating a <u>POSITIVE</u> environment which emphasizes sportsmanship, camaraderie and dedication within a <u>TEAM</u> framework

### **Club History/Growth**

- 2016-17: 5 Teams
- 2017-18: 10 Teams
- 2018-19: 22 Teams
- 2019-20: 22 Teams (Girls/Boys/Grassroots)
- 2020-21: 22 Teams (Girls/Boys/Grassroots)
- 2021-22: 18 Teams (Girls/Boys/Grassroots)
- 2022-23: 18 Teams (Girls/Boys/Grassroots)
- 2023-24: 19 Teams (Girls/Boys/Grassroots)
- 2024-25: 16-18 Teams Projected

# **GOALS FOR 2025**

### **USAV National Tournament Bids**

- Earn bids through USAV Qualifier or Regional Championship
- Host City (Girls 14-17s): Dallas, TX; June 25 July 3
- Host City (Girls 11-13s): Kansas City, MO; June 21-24
- Host City (Boys): Minneapolis, MN; July 3 10

#### **Training and Improvement at all Levels**

- Preparing players for high school
- Preparing players for college
- Mindset training
- Technical and positional training
- Weight and Fitness training

#### How to be the best Sports Parent

• Guiding families to help get a positive experience

# **HIGHLIGHTS FOR 2025**

### Host Tournaments

- 5<sup>th</sup> Annual Beach Blast: April 5-6 (Foley, AL)
- 2<sup>nd</sup> Blue Angel Vball Tourn: Feb. 22-23 (Pensacola, FL)

#### **Non-Travel Training Teams**

- Option for Boys and Girls ages 13-18
- 1 practice per week

#### **Positional Trainings**

- All 15 17's Teams on Mondays
- All 11 14's Teams at least once a month

### **Fundraising Opportunities**

- Team fundraising
- Individual/family fundraising

#### All New Jerseys and Gear (2 year cycles)

# WHY PEVC?

#### WE START WITH "WHY"

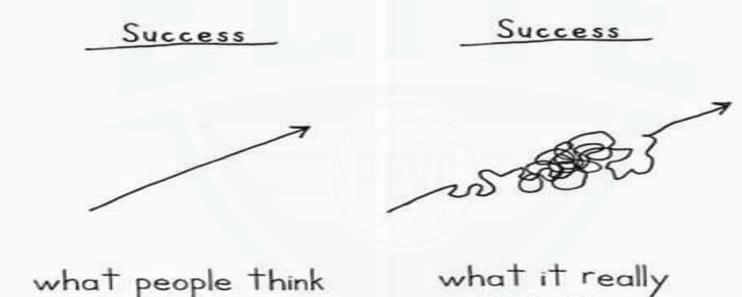
Our staff LOVES working for a mission larger than ourselves and we LOVE coaching to develop positive, respectful, critical thinking student-athletes who excel on and off the court.

### HOW WE DO IT

- Establish a positive staff with a deep understanding of the game and team management.
- Establish principals for coaching/teaching fundamentals, systems, and motivation of our athletes.
- Encourage a "Growth Mindset".
- Invest in our coaching staff's continuing volleyball education and training. (Attending Gold Medal Squared in Miami, FL)

# INDOOR TRAINING PLAN

- Pre-season (4-6 weeks): Fundamental Skills
- Early Season (5 weeks): Systems
- Mid-Season (5 weeks): Advanced Systems
- Late Season (4-6 weeks): Execution/Maintain



it looks like

what it really looks like

# **Club Composition for 2025**

#### **Grassroots**

12 years old or younger who are new to the sport or new to club volleyball.

 $\star \star \star \star \star \star$ 

### **National Level (Top Competitive Teams)**

11U up to 17U who want to play at the highest level of competition at national level tournaments and qualify for USAV National Championships.

### 2<sup>nd</sup> and 3<sup>rd</sup> Tier Level Teams

12U to 17U who want to play in tournaments within the Gulf Coast Region and potentially travel further for larger 2 or 3 days tournaments

### <u>Boys</u>

Middle School and High School athletes who want to play competitively in both regional and national level tournaments

### **Beach Volleyball**

12U to 18U boys and girls wanting to compete in beach.

# **Coaching Staff**

#### \*\* All coaches are SafeSport/IMPACT certified through USAV

Grassroots: Chris Williams Non-Travel: Ryan Davenport Technical/Positional Training: Ashley Stryffeler Fitness/Strength Training: Mike Stryffeler

#### National Teams

11's Walter Patterson
12's Soumaly Orlando
13's Abbey Nebarez
14's Chris Williams
15's Ryan Davenport
16's Chris Pickens
17's Sloane FitzHenry

**Boys: Chris Williams** 

2<sup>nd</sup> /3<sup>rd</sup> Tier Teams:

12's Amanda Klein 13's Amanda Sutton 14's Debbie Hays 15's TBD 16's Vicki Knoch 17's Railee Cook

14's TBD 15's Alyssa Jenkins

# **How Much Does ALL This Cost?**

- 1. Tryouts: \$40 (\$50 on the day of Tryouts) \*\*must also be a USAV Member \$25 - \$95
- 2. Player Fees (includes training, jerseys, and practice shirts)

Grassroots\$600 (2 sessions at \$300)Non-Travel\$600 Season or \$150/monthTravel Teams\$2,000 - \$3,200

### What do the player fees pay for?

- Gym/facility rental fees (Nov April)
- Team registration with USAV
- Tournament Entry Fees
- Coaches Salary
- Equipment
- Administrative Expenses



FOCUS:

Proper technique of fundamentals
"Pass, set, hit"

Boys and Girls 8U, 10U, 12U (NO TRYOUT)

**Beginning/Entry Level Athletes** 

Player Fee: \$300 per session, \$600 for full season Session 1: Dec – Feb Session 2: Feb - April

-FUN+ \* \*

- 2 (1.5 hour) Practices per week
- 2 "Playdates" per session within Region
- Jersey

#### FOCUS:

- Proper technique of fundamentals

**Non-Travel Training** 

- Team Systems/Rotations

Middle School Group and High School Group Player Fee: \$600 for season or \$150 per month NO TRYOUT

- 1 (1.5 hour) Practice per week (Dec April)
- 1 Jersey/Shirt
- No charge for open gym sessions during season
- Access to training and fitness areas

FOCUS:

- FUN
- Proper technique of fundamentals
- Introduction to team systems

10-12 players

Estimated Player Fee: \$2,200 (\$200 commitment then 4 payments of \$500)

- 2 (2 hour) Practices per week (December April)
- 8 Tournaments
- 3 Jerseys and Backpack
- 2 Practice Shirts
- No charge for open gym sessions during season
- Access to training and fitness areas

FOCUS:

- FUN
- Proper technique of fundamentals
- Introduction to team systems

10-12 players

Estimated Player Fee: \$2,600 (\$200 commitment then 4 payments of \$600)

- 2 (2 hour) Practices per week (December April)
- 8 Tournaments including out of region 2-3 day events
- 3 Jerseys and Backpack
- 2 Practice Shirts
- No charge for open gym sessions during season
- Access to training and fitness areas

# **12-2 Team**

FOCUS:

- Proper technique of fundamentals
- "Pass, set, hit"

10-12 players

Estimated Player Fee: \$2,000 (\$200 commitment then 4 payments of \$450)

- 2 (2 hour) Practices per week (December April)
- 6 8 Tournaments
- 3 Jerseys and Backpack

- 2 Practice Shirts
- No charge for open gym sessions during season
- Access to training and fitness areas

#### FOCUS:

- FUN
- Advanced Team Systems/Rotations
- Position Specialization

10-12 Players (Fully committed players only) Estimated Player Fee: \$3,200 (\$500 commitment then 4 payments of \$675)

- 2-3 (2 hour) Practices a week
- Fitness and positional training
- 8-9 Tournaments (Multiple 3 day tournaments)
- Hudl Video Account
- 3 Jerseys, Backpack, and additional gear
- 3 Practice Shirts
- No charge for open gym sessions during season
- Access to training and fitness areas

# **13-2 Team**

FOCUS:

- Advanced Team Systems/Rotations
- Position Specialization

10-12 Players

Estimated Player Fee: \$2,400

(\$200 commitment then 4 payments of \$550)

2 (2 hour) Practices per week

- 8 Tournaments including 1-2 out of region 3-day events
- 3 Jerseys and Backpack
- 2 Practice Shirts
- No charge for open gym sessions during season
- Access to training and fitness areas

#### FOCUS:

- Advanced Team Systems/Rotations
- Position Specialization

10-12 Players (Fully committed players only) Estimated Player Fee: \$3,200 (\$500 commitment then 4 payments of \$675)

• 2-3 (2 hour) Practices a week

- Fitness and positional training
- 8-9 Tournaments (Multiple 3 day tournaments)
- Hudl Video Account
- 3 Jerseys, Backpack, and additional gear
- 3 Practice Shirts
- No charge for open gym sessions during season
- Access to training and fitness areas

#### FOCUS:

### 14-2 Team

Advanced Team Systems/Rotations

- Position Specialization

10-12 Players Estimated Player Fee: \$2,400 (\$200 commitment then 4 payments of \$550)

2 (2 hour) Practices per week

- 8 Tournaments including 1-2 out of region 3-day events
- 3 Jerseys and Backpack
- 2 Practice Shirts
- No charge for open gym sessions during season
- Access to training and fitness areas

# **14-3 Team**

FOCUS:

- Proper technique of fundamentals
- "Pass, set, hit"

10-12 players

Estimated Player Fee: \$2,000 (\$200 commitment then 4 payments of \$450)

• 2 (2 hour) Practices per week

- 6-8 Tournaments
- 3 Jerseys and Backpack
- 2 Practice Shirts
- No charge for open gym sessions during season
- Access to training and fitness areas

#### FOCUS:

- Advanced Team Systems/Rotations
- Position Specialization

10-12 Players (Fully committed players only) Estimated Player Fee: \$3,200 (\$500 commitment then 4 payments of \$675)

- 2 (2 hour) Practices + 1 (1.5 hour) Positional training per week
- Recruiting guidance
- 8-9 Tournaments (Multiple 3 day tournaments)
- Hudl Video Account
- 3 Jerseys, Backpack, and additional gear
- 3 Practice Shirts
- No charge for open gym sessions during season
- Access to training and fitness areas

#### FOCUS:

- **15-2 Team**
- Advanced Team Systems/Rotations
- Position Specialization

10-12 Players Estimated Player Fee: \$2,600 (\$200 commitment then 4 payments of \$600)

- 2 (2 hour) Practices + 1 (1.5 hour) Positional training per week
- 8 Tournaments including 1-2 out of region 3-day events
- 3 Jerseys and Backpack
- 2 Practice Shirts
- Hudl Video Account
- No charge for open gym sessions during season
- Access to training and fitness areas

# **15-3 Team**

FOCUS:

- Proper technique of fundamentals
- "Pass, set, hit"

10-12 players

Estimated Player Fee: \$2,200 (\$200 commitment then 4 payments of \$500)

- 2 (2 hour) Practices + 1 (1.5 hour) Positional training per week
- 8 Tournaments
- 3 Jerseys and Backpack
- 2 Practice Shirts
- No charge for open gym sessions during season
- Access to training and fitness areas

#### FOCUS:

- Advanced Team Systems/Rotations
- Position Specialization

10-12 Players (Fully committed players only) Estimated Player Fee: \$3,200 (\$500 commitment then 4 payments of \$675)

- 2 (2 hour) Practices + 1 (1.5 hour) Positional training per week
- Recruiting guidance
- 8-9 Tournaments (Multiple 3 day tournaments)
- Hudl Video Account
- 3 Jerseys, Backpack, and additional gear
- 3 Practice Shirts
- No charge for open gym sessions during season
- Access to training and fitness areas

#### FOCUS:

- **16-2 Team**
- Advanced Team Systems/Rotations
- Position Specialization

10-12 Players Estimated Player Fee: \$2,600 (\$200 commitment then 4 payments of \$600)

- 2 (2 hour) Practices + 1 (1.5 hour) Positional training per week
- 8 Tournaments including 1-2 out of region 3-day events
- 3 Jerseys and Backpack
- 2 Practice Shirts
- Hudl Video Account
- No charge for open gym sessions during season
- Access to training and fitness areas

#### FOCUS:

- Advanced Team Systems/Rotations
- Position Specialization

10-12 Players (Fully committed players only) Estimated Player Fee: \$3,200 (\$500 commitment then 4 payments of \$675)

- 2 (2 hour) Practices + 1 (1.5 hour) Positional training per week
- Recruiting guidance
- 8-9 Tournaments (Multiple 3 day tournaments)
- Hudl Video Account
- 3 Jerseys, Backpack, and additional gear
- 3 Practice Shirts
- No charge for open gym sessions during season
- Access to training and fitness areas

FOCUS:

# **17-2 Team**

- Advanced Team Systems/Rotations

- Position Specialization

10-12 Players Estimated Player Fee: \$2,600 (\$200 commitment then 4 payments of \$600)

- 2 (2 hour) Practices + 1 (1.5 hour) Positional training per week
- 8 Tournaments including 1-2 out of region 3-day events
- 3 Jerseys and Backpack
- 2 Practice Shirts
- Hudl Video Account
- No charge for open gym sessions during season
- Access to training and fitness areas

# **Boys Program**

#### FOCUS:

- Advanced Team Systems/Rotations
- Position Specialization

10-12 Players

 Team composition and number of teams will depend on ages and number of athletes

#### <u>Tournaments</u>

- 4 6 Tournaments including out of region tournaments
- 1-2 practices a week
- Estimated player fee: \$1,000 \$1,600

# Practice Location/Times \*TIMES ARE TENTATIVE\*

#### **Gulf Breeze**

- PEVC Training Facility, 3371 Gulf Breeze Parkway, Suite 113, Gulf Breeze, FL 32563
- Grassroots 3:30 5:00 PM
- 11/12/13/14 Teams Practice 5:00 7:00 PM
- 15/16/17 Teams Practice 7:00 9:00 PM
- Middle School Non-Travel: Wednesdays 7:00 8:30 PM
- High School Non-Travel: Wednesdays 7:00 8:30 PM

# TRYOUTS

- Players will try out in their age group OR up in their grade level. USAV Age Cutoff Date: July 1
- Register for tryouts: \$40
- Late Registration Fee: \$50 (Day of tryouts)
- All tryouts will be held at the PEVC facility.
  - USAV Medical Release Form (notarized)
  - USAV Membership 2024-25 (show at check-in)
  - 11U 17U will receive tryout shirt with number <u>\*NOTARY AVAILABLE AT TRYOUTS\*</u>

### **USAV MEMBERSHIP OPTIONS**

- \$95 Full membership
- \$25 Tryout good until Dec. (\$95 must be purchased if needed)

<b>Tryout Schedule</b>	
11U/12U	November 3 1:00 - 3:00 PM
13U	Nov. 2 9:30-11:00 AM; Nov. 3 3:30-5:00 PM
14U	Nov. 2 8:00-9:30 AM; Nov. 3 5:30-7:30 PM
15U	November 4, 5 5:30 - 7:30 PM
16U	November 6, 7 5:30 - 7:30 PM
17U	November 6, 7 5:30 - 7:30 PM
BOYS 12-14	U October 20 2:00 - 4:00 PM
BOYS 15-18	U October 20 4:30 - 6:30 PM

# **Makeup Tryouts**

 $+ \star \star \star \star$ 

- <u>All Teams</u>
  - Make up tryouts will be on a case by case basis
  - Please contact us ASAP if there is a conflict panhandleelitevolleyballclub@gmail.com

\*\*We will be as flexible as we possibly can\*\*

# **Travel Team Selection**

#### National Level Teams

- Players notified via email within 24 hrs of completion of tryouts
- We request a verbal commitment and \$500 (\$200 for 11N and 12N) commitment fee (deducted from player fee) as soon as possible.

#### All Other Teams

- Players notified via email within 48 hours of completion of tryouts
- Commit verbally and \$200 commitment fee (deducted from player fee)

### **Travel Team Payment Schedule**

- Balance after commitment fee can be paid in 4 monthly payments (Dec, Jan, Feb, Mar)
- Pay in Full after commitment fee and receive a \$100 discount
- FUNDRAISING WILL BE AVAILABLE



