



# COACH BIO

## **Emily Arnold**

Head coach of PEVC 12-National

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I have been with Panhandle Elite since 2018. I specialize in developmental volleyball and have coached the 12 National Team for the past three seasons. During the 2018-2019 season, my 12 National team finished third in the region. In the 2019-2020 season, my 12 National Team finished second in the region. The 2020-2021 team was the only team in the region to take a set from a top-25 nationally ranked team.

I enjoy coaching under Director Ryan Davenport, as he was my first ever volleyball coach when I played at Gulf Breeze High School from 2010-2014. After high school, I went on to play four years of Division III collegiate volleyball at LaGrange College in LaGrange, GA from 2014-2018. There, I was named conference player of the week twice, in 2016 and 2017. I was also named to the all-conference team my senior season, an accolade only nine of the conference's 200+ volleyball athletes attain each year. I still hold the record for the most kills in a single match (24) at LaGrange.

At the conclusion of my senior year, I was awarded with the GPA award for maintaining the highest GPA of any graduating female athlete at LaGrange. I also received the Eagle Award, presented to the graduating female athlete determined to have made the biggest impact, both athletically and as a leader, on her respective athletic program.

### **Volleyball Education:**

- IMPACT Certification completed 2017
- CAP I Certification completed 2018
- GOLD MEDAL SQUARE Certifications 2018, 2021
- ART OF COACHING Certification 2019